https://dontpad.com/TI\_Hoje

<!DOCTYPE html>

<html>

<head>

<meta charset="utf-8" />

<title></title>

</head>

<body>

<h1>Teste de Envio</h1>

<form method="post" action="Teste.aspx">

<label>Digita Nome:</label>

<input type="text" name="txtNome"/>

<input type="submit" value="Manda..." />

</form>

</body>

</html>

//-------------------------

<%@ Page Language = "C#" %>

<!DOCTYPE html>

<html>

<head>

<meta charset="utf-8" />

<title></title>

</head>

<body>

<p id="mensagem">Aqui vamos ter novo conteúdo</p>

<ul>

<%

for(int i = 0; i < 5; i++) {

Response.Write("<li>Contador:" + i + "</li>");

}

string xpto = Request.Form["txtNome"];

Response.Write("<li>Nome:" + xpto + "</li>");

%>

</ul>

</body>

</html>

<script type="text/javascript">

var apontador = document.getElementById("mensagem");

apontador.innerHTML = "Este é o novo conteúdo<br>Olá";

</script>